

JOURNALS OF GOD'S GRACE

When someone does something for you just because they love you, despite what you may have done or not done, this is grace. Grace is getting something even though you may not deserve it. If you watch you will see how much and how often God showers us with His grace. **GRACE** could stand for **God Releasing Abundant Care Everywhere. So how can you recognize God's grace in your life?**

Often we pray for people or situations but later we forget what we prayed for. Then when situations change, we may fail to realize that our prayers have been answered and therefore we fail to recognize God for answering our prayers. If you get in the habit of writing your prayers in a journal you may be amazed to discover how often and how your prayers are answered. Write each specific prayer in your **Prayer Journal** and leave a space below each prayer for recording when and how each prayer was answered. You will see that some prayers are answered soon, while others may never be answered or you may never recognize God's answer. By keeping a journal though, you will begin to see God's power in action. You will see that miracles do happen. You'll see how God cares for you and others. It will make you more appreciative of what God does. It will make you more thankful and grateful.

This brings us to another journal idea. We often tend to look at the negative things in life and we often do not appreciate what we have been blessed with. I know a lady who began keeping a **Grateful Journal** a few years ago, and it made her really appreciate what she had. Every day she would record one thing she was thankful for. We often do not appreciate what we have until we lose it or we see others lose what they have. Such things would include our health, our senses, our memory, our friends, our family, our home, our school, our work, our freedom, etc.

So if you want God's guidance, gifts, and grace, go to Him in prayer. If you want to track how God is working in your life, keep a **Prayer Journal**. If you want to be reminded how blessed you are, keep a **Grateful Journal**.