

The New Evolution

Summary by Brooks A. Harris, O.D.
of an interview of Bruce Lipton
by Iain McNay of Conscious.TV on YouTube

In this interview, Bruce Lipton pointed out several interesting ideas about the human mind, body and the spiritual world. He talks a lot about a creator, the healthy community living in harmony and a heavenly existence, but watch for a twist. Even though many of these ideas are compatible with Christian beliefs, he credits the evolution of mankind for its ultimate outcome and not God. Throughout this article I will give a summary of this interview and *my thoughts and interpretations from a Biblical worldview perspective (in italics)*.

Lipton believes in what he calls “The New Evolution” – the idea that physical evolving has stopped, having reached its climax with mankind, and now evolution exists in the evolving of the human race as a community. Lipton is a scientist who believes that Gaia is the mother of us all. (Wikipedia defines Gaia as mythology; the great mother of all: the primal Greek Mother Goddess; creator and giver of birth to the Earth and all the Universe. Gaia is also said to be “Mother Earth” who created herself out of primordial chaos.) Through Gaia we are made in the image of the environment. We and the environment are one. So as we destroy our environment, we are destroying ourselves. Lipton said we need to remove ourselves, as a culture, from the belief system of our past cultures. By showing our love for Gaia, through taking care of our environment, Gaia will provide us with a good life (a good environment) until we die.

The New Evolution is the idea that by developing a habit of positive thinking we will continue to evolve into a community of humans who love each other and cooperate with each other. Once everyone loves each other, all stress and war will cease and this will eventually create heaven – where mankind is in perfect harmony with nature. Lipton believes that we are not yet enjoying a heavenly existence because of our leadership and their Darwinian Evolutionary beliefs resulting in war and not peace. Lipton did correctly point out that Darwinian Evolution, which is the theory or idea of the struggle for survival and survival of the fittest, is out dated and has many problems with its ideas.

Although his “New Evolution” theory is closer to reality than “Darwinian Evolution,” it is still flawed if it teaches that a true heavenly existence will occur by man’s evolving on his own without God’s involvement. We are not yet enjoying a heavenly existence because, apparently God is not quite ready for this to occur. There will be a heavenly existence for mankind where there is world peace, cooperation and love by all its members, but it will be under the leadership of Jesus Christ – our God. History has shown us that whenever communities have existed with a foundation of peace and love for each other, evil and conflict has always developed within time. Only God will be able to sustain the peaceful, loving existence which He promises us who believe in Him and accept Him as our Lord. Evolution teaches that disorganization and chaos give rise to organization and harmony if allowed enough time, but history has shown the opposite. God created a perfect environment where mankind was in perfect harmony with nature, but this relationship between mankind and nature has been slowly deteriorating ever since God gave man control of His created world and God cursed the universe due to man’s disobedience.

Lipton further stated that The New Evolution idea teaches that eventually our presently flawed leadership around the world will fall and those who have evolved into enlightened “positive thinking” people believing in world peace, will take over, creating heaven on earth. Lipton said that we are all cells in the same body and when we work together, we will make magic on this earth like nothing has ever been seen before.

The Bible teaches that in the end of this present age, the entire human world leadership will be destroyed and Jesus (the head) will lead the world with His saints (the body of believers). It will occur only when God is ready, not when mankind decides to no longer be selfish and evil. I do not believe that prejudices, wars and terrorism will end by human efforts without God.

Throughout the interview, Lipton gives interesting comparisons of people to cells, how cells are self-sufficient in a proper medium (as good blood), but cells work best in the community of other good cells, especially if these cells are bathed in a good environment. He pointed out that our body is one giant community of 50 trillion cells working together, just as people of the world are all one giant community. With a proper environment, the community will survive, grow and thrive; but in a bad environment it will stop growing, decay and die.

Lipton found out through research that if you take good cells from a good environment and put them in a bad environment, they get sick. But they get well again by just putting them back in a good environment (without drugs). He also pointed out that for years we were taught “genetic determinism” – the idea that genes (or heredity) control life: traits, behavior and even disease risk. This idea has caused “victimization” – where people are made to believe that they have no control of things like their behavior or disease potential because this is all controlled by their genes. But now what we are finding out is that our environment is what controls the fate of cells. So environment controls life, not genes. A new science term “epigenetic control” means that the fate of cells is above the control of genes (heredity).

Darwinian Evolution teaches that we are a product of our genes (heredity) and our environment only, but we as Christians know that God also influences our lives in ways we often cannot explain. By His will He can perform miracles and change our circumstances.

Then Lipton talked about our mind and the power of positive thinking and how our mind’s perception of the world changes the biology or chemistry of our body which changes our cells. If you can control how your mind operates, you can control your body’s chemistry. He said there are two parts of the mind – Conscious and Subconscious. Only 5% of our mind operates consciously – actively thinking about things, to be creative and solve problems, and for source attachment and personal identity. The other 95% of our mind’s activity is doing things automatically without thinking about them, such as our bodily functions and things we have learned to do by repetition – things which have become habits. While we are consciously thinking about things, our subconscious mind is running our body.

The Bible teaches that when we become a Christian we are a new creation thinking new thoughts with new behaviors. The Bible is an excellent instruction manual teaching us how to live a life of proper relationships in harmony with God and other people. It teaches us to think positively and appreciate what we have. For your thoughts and behaviors to change, you need to read and study the Bible repetitively so its teachings become habit.

Loving and respecting one another and treating others the way you would want to be treated, are common themes throughout the Bible. In the Bible Jesus tells us that the greatest commandment is for us to love our Lord with all our heart, with all our mind, with all our soul, and with all our strength and the second greatest commandment is to love your neighbor as yourself. To do this we must condition our subconscious mind to do it, but how? By properly

communicating with God and people. Talk to God through prayer and read His Word, the Bible, every day and practice its teachings in your relationships with others – letting Biblical teachings and actions become habit.

Lipton continued by stating that we acquire fundamental behavior from our surroundings – what we learn – especially within the first six years of our life when we are in “programming mode,” recording everything around us (*This is why it is important to repetitively teach Biblical stories and principles at an early age*). Lipton also stated that we don’t reach conscious brain function until about six years of age being that we are in a trance-like state.

This is an interesting statement, but we have to be careful making statements like “we don’t reach conscious brain function until about six years of age.” This could dangerously suggest that we don’t become human until about six years of age. Such thinking could easily fuel the fire for support of infanticide – the killing of children as we do our unborn if they are unwanted.

Lipton stated that our thoughts, negative and positive, cause the release of chemicals in our body which bathe our cells, affecting cell growth, our health and immune system, and our healing (or becoming sicker). Stress on our bodies – physically (internally & externally) and emotionally – suppresses proper chemical release and usage. Lipton pointed out that in people with a predisposition to certain diseases, those who had healthy lifestyles had lower incidences of the disease while those with unhealthy lifestyles tend to be sicker. Also most people who are happy are healthy. Interestingly, when families who had “genetic risks” for diseases adopted children, those children developed the same diseases at similar rates to the parents’ natural children. This indicates that environment controls our risk for disorders more than genes.

Lipton says that 70% of the time, negative redundant thoughts are going through our mind and eventually these same repetitious thoughts become ingrained as habit. If you consciously stop negative thoughts and reinforce positive thoughts, you’ll change – your subconscious mind will change. You can’t keep doing things the same way and expect change. He also said that most illness in our lives is due to stress from not living in harmony with our environment/community – internally & externally. Stress is causing wars in our world communities and wars in our bodies. Extreme war in our bodies, where our cells are killing other cells of our body, would be called an auto immune disease syndrome (AIDS).

Lipton said that only 2% of illness is connected to genes – heredity, and 98% is connected to our environment – a lifestyle of stress and fears. We need to eliminate disharmony on the outside of our body (as from poor sleep, exercise, nutrition and relationships with other people) to help harmony in the body.

Lipton talked about the Placebo (positive thinking) and Nocebo (negative thinking) Effects. Nocebos – negative thoughts – can make you ill. He stated that about 1/3 to 2/3 of all healing does not come about by the Process (like drugs). The healing comes about because the person believed that the Process was going to heal them. For positive thinking to work, your subconscious mind has to believe in it. Lipton even said that the person we call Jesus once said to his disciples who could not heal someone (after Jesus gave them authority to be able to) that “you cannot heal others because you don’t believe that you can.” Lipton said that when things like tumors disappear “on their own,” this is called a “Miracle of Spontaneous Remission.”

Those who truly believe that God is in control of their life and can heal them tend to heal faster than those who do not have faith. The Bible also teaches that we are not to worry knowing that God is in control and we should accept His will.

Lipton also talked about our ability to measure electric activity emitted from our brain. He said all of us are like tuning forks – emitting brain function from our head which can be picked up with an electromagnetic probe. He said that negative vibes from others can cause stress on us, so we should learn to think positively and tune out bad information. When the fields of energy around us change, we also change. Even the changing position of stars and planets change energy emission and change us too.

God's creation is amazing, especially how He has designed everything to coexist – the visible & the unseen (as matter & energy and the physical & the spiritual) and communities (as the plants & animals, ecosystems, groups of people). There is much we have learned, but there is so much more that we don't know. The Bible says about the heavenly kingdom to come, that no eye has seen, nor ear has heard, nor mind has thought about the wonders to come.

Lastly Lipton talked about how finally Science & Spirituality (or Religion) were coming together through Spontaneous Evolution. He said that since science was about studying physical things, scientists distanced themselves from the invisible things of the spiritual world. The spiritual world of religion talked about the invisible moving forces that shape the physical reality – we call them spirit. Science used to study only the physical world – Newton Physics. Then in 1925 the new field of study, Quantum Physics, discovered that everything is made up of energy and not matter. In Quantum Physics they call the energy, “the field” – the invisible moving forces that influence the physical world – the same definition the spiritual world uses for “Spirit.” The invisible field is primary to the physical world. We are all part of this invisible field. We don't even live in our own body if you understand how the cell works. We are all spiritual. You can't be taken out of the field or punished by the field – you are the field. We are the creators and responsible for everything – not some other spirit.

It seems to me that these new evolutionists are looking at Christian beliefs of the spiritual world and trying to explain these ideas without God's involvement, just as Darwinian Evolution was a way to explain the origin of all things in the physical world without God's involvement.

Darwinian Evolution teaches that in the beginning nothing existed until a “Big Bang” created all matter in the universe. But where did the matter come from? Now the New Evolution teaches that energy created the “Big Bang” and matter. But where did the energy come from? The Bible teaches that in the beginning God created all energy and matter. God was not created; He has always existed. He is outside of His creation, but He can interact with His creation however He pleases. But according to the new evolutionists, if Gaia – “Mother Earth” – was created out of the chaos, then energy already existed before Gaia created everything else.

The New Evolution is a “New Age” type of thinking where their god, or goddess, is in all nature, and since we are part of nature, we are a god ourselves. We create ourselves through our thoughts and actions. If a supreme spirit exists, it does not interact with us personally as does the God of the Bible. So if you like the Biblical concepts of love, peace, harmony and perfect health, but you do not want to believe in the God of the Bible, the New Evolution may be right for you. But which is true – the New Evolution or the Bible? Living by the principles taught by either may help you live a healthier and happier life here on earth, but the difference is what happens to you after you die? If you are wrong, your decision will have eternal consequences. So it is very important that you discover what is true. You see, I used to doubt God's existence until I studied the evidences for God and the reliability of the Bible. Now I know through my studies and my experiences that God exists and I can trust what His Word, the Holy Bible, says. See the results of my research at www.biblicalreliability.com.