

# Transform 30 Presentation

By Dr. Mitra Ray

This 23 minute Video Presentation found at “**YouTubeTransformation30**” goes into detail explaining this “30-Day Complete Transformation Challenge” using the “Transform 30 **Juice Plus+** Product Support System.”

15 years of Clinical Studies have shown that this program (using the **Juice Plus+** Orchard, Garden and Vineyard **Capsules** & the Juice Plus+ COMPLETE **Shakes**:

- 1) Reduces Abdominal Fat
- 2) Improves Recovery from exercise
- 3) Reduces Inflammation
- 4) Stabilizes Blood Sugar
- 5) Improves Skin Health
- 6) Reduces the Number of Sickness Days
- 7) Improves the Respiratory System
- 8) Improves Cardiovascular Function
- 9) Improves Gum Health
- 10) Improves Antioxidant Status
- 11) Promotes Lean Mass
- 12) Reduces Body Fat

This program is a simple, healthy, comfortable Cleansing (detoxifying) & Tissue Regeneration program. It is a great program for anyone who wants to improve their health, but is especially good for those who are diabetic or dieting or want to improve their athletic performance.