

What Is Juice Plus+?

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3/16

Juice Plus+ is a whole-food based, nutritional supplement which provides our bodies with thousands of plant nutrients (naturally occurring antioxidants, vitamins, minerals and other phytonutrients). It is concentrated juices from a wide assortment of select, plant-ripened fruits, vegetables and berries with grains, fiber, digestive enzymes and probiotics. It provides a natural balance of a wide variety of nutrients properly balanced as they are found in the whole fruits, berries, vegetables and grains. In other words, the way nature made them. These thousands of nutrients work together in powerful combination to provide what our body truly needs each day to function as it was designed to function. Our bodies were designed to properly function & heal and protect themselves with plant nutrition & exercise.

Juice Plus+ is not old-fashioned vitamin pills or multi-vitamins which contain only a few antioxidants, vitamins and minerals, which are synthetic or have been isolated and fragmented from whole foods. **Juice Plus+** uses the entire food including the nutrient-rich rind and seeds. Old-fashioned vitamin pills simply can't provide near the range of nutrients available in **Juice Plus+**. The Orchard, Garden & Vineyard Blends together contain concentrated nutrition from 30 different fruits, vegetables, berries and grains. Each food is specifically selected to provide a wide range of nutritional benefits. (See "*Juice Plus+ Ingredients Benefits*" & "*Juice Plus+ Ingredients – how they help the body*")

ORCHARD BLEND Capsules contain *fruit juice powder and pulp* from apple, orange, pineapple, beet, cranberry, peach, acerola cherry, papaya, with beta carotene, date fiber & prune fiber. **GARDEN BLEND Capsules** contain *vegetable juice powder and pulp* from carrot, parsley, beet, kale, broccoli, cabbage, spinach & tomato with beta carotene, sugar beet fiber, garlic powder, oat bran, rice bran. **VINEYARD BLEND Capsules** contain *fruit juice powder and pulp* from Concord grape, blueberry, cranberry, blackberry, bilberry, raspberry, black currant, elderberry, green tea, ginger root, grape seed, artichoke, cocoa, pomegranate, & coenzyme Q10. **All 3 also have** a natural enzyme blend, folic acid & other natural ingredients. (See also the article "*Juice Plus+ Supplements Ingredients Lists*" for all their products.)

Juice Plus+ has developed a line of products designed to help you *get healthy* and *stay healthy*. The **Juice Plus+ Program** consist of **Capsules** and **Chewables** (their foundational products) which provide the micro-nutrition (antioxidants, vitamins, minerals and other phytonutrients) needed for proper body functions, healing and protection against disorders. Also their "**COMPLETE**" **Shake Mixes** and **Nutrition Bars** add the macro-nutrition we need for energy, being loaded with hard to find nutrition! It's a great balance of half protein (unique water-washed soy, peas, chickpeas, tofu, rice, and algae) and half complex carbohydrates (ancient grains – organic quinoa, amaranth, and millet, broccoli sprouts, alfalfa sprouts and radish sprouts, pumpkin, pomegranate, spirulina and yucca). **Prices** include S/H & service fee but not sales tax:

CAPSULES:	Orchard & Garden Blends (2 bottles per Blend with 120 capsules per bottle)	\$44.50 / mo. (\$1.49 / day)
	Vineyard Blend (2 bottles with 120 capsules per bottle)	\$28.25 / mo. (\$0.95 / day)
CHEWABLES:	Orchard & Garden Blends (<u>Adult Serving</u> – 4 bags per Blend)	\$47.50 / mo. (\$1.59 / day)
	Orchard & Garden Blends (<u>Child Serving</u> – 2 bags per Blend)	\$24.50 / mo. (\$0.82 / day)
	Vineyard Blend (4 bags with 120 Chewables per bag)	\$30.75 / mo. (\$1.03 / day)
COMPLETE SHAKE MIX:	4Bags - 15 servings/bag (French Vanilla & Dutch Chocolate)	\$30.75 / bag (\$2.05/shake)
COMPLETE NUTRITION BARS:	(4boxes -15 bars/box) (Tart Cherry/Honey & Dark Chocolate/Fig)	\$32.50 / box (\$2.17/ bar)

Juice Plus+ is gluten-free, vegan, & non-dairy. Over 25 published, independent, university-based clinical and scientific research studies (placebo-controlled, double-blind & peer-reviewed) have demonstrated numerous healthful benefits of **Juice Plus+** as: It

- 1) Is **bio-available** (it gets into your **bloodstream** so good nutrition gets into your cells – blood vessels, nerves & other tissues).
- 2) Supports the **digestive system** – Contains **Probiotics** to promote good bacteria in your gut & **Digestive Enzymes** to help digest your food and help it enter your bloodstream - especially needed by those with digestive disorders.
- 3) Contains **No Genetically Modified Organisms (GMO's)** which could damage your DNA and cause allergies.
- 4) Helps protect **DNA** to help fight cancer and other deteriorations in your body and to help slow the aging process.
- 5) Helps promote **Weight Loss** – with its Shakes & Nutrition Bars used as healthy meal replacements.
- 6) Helps **Stabilize Blood Sugar** – All-Natural Sugars with a low glycemic index make it great for diabetics.(most sugar is removed)
- 7) **Detoxifies your body** everyday by removing harmful toxins which cause "Free Radicals."
- 8) Reduces **oxidative stress** which causes "Free Radicals." Free Radicals damage the nerves, blood vessels and cells of your entire body. It (especially the Vineyard Blend) significantly increases in the body the level of many **powerful anti-oxidants** which neutralize free-radicals. This **strengthens blood vessels, nerves and cells** which helps prevent damaging disorders like diabetes, arthritis, high blood pressure, osteoporosis, Crohn's, glaucoma, cataracts, macular degeneration and cancer.
- 9) Reduces **systemic inflammation** which causes pain and deterioration (helpful in auto-immune disorders as arthritis).
- 10) Supports a **healthy immune system** to help your body fight infections, allergies, colds and viruses.
- 11) Supports **cardiovascular wellness (improving circulation)** to help prevent heart and blood vessel damage and strokes.
- 12) Supports **healthy skin, hair and gums**. (Has helped disorders like Psoriasis and Gingivitis).
- 13) Helps promote **hormonal balance for men and women**.
- 14) Helps **reduce pregnancy complications** for healthier moms and babies.
- 15) Improves **athletic performance and recovery** when taken before or after play/workouts.
- 16) Promotes a **longer & healthier life** (by slowing the aging process with **antioxidants** - "anti-aging molecules").