## BROT Believe – Repent – Obey – Trust By Brooks A. Harris, O.D. 5/3/23

**Often people wonder if they are really saved**. For reassurance of your salvation – Do you regularly partake of the "Bread of Life"? in German, the word Brot (Brōt) means Bread. Jesus is called the "Bread of Life" and if we partake of Him He can offer us eternal life through His selfless, sacrificial act of salvation. Therefore, we can use the word BROT as an acronym to remind us of God's plan for our salvation. First, let's review what to believe and see if you have any problems here.

<u>B</u> stands for **Believe** – True believers believe that God exists; God loves us; God wants a personal relationship with each person; Sin (disobeying God) separates us from God; All people sin; The penalty for sin is death; We all need a savior to forgive our sin; To save us, Jesus died on a cross, paying the penalty we owe for our sin; Jesus was buried, but rose from the dead (defeating death for us); Jesus ascended into heaven and promised to return for His believers; true believers will go to heaven after they physically die and they will live with God forever (this is called "eternal life"). God wants you to know that you have eternal live as a believer. (Read 1 John 5:12-13)

<u>R</u> stands for **Recognize** and **Repent** – Do you **recognize** your sin and realize that it separates you from God? Sin is anything that you think, say or do which is hurtful to God or other people. Sin is disobeying God. Are you sorry when you disobey God? Do you want forgiveness for your sin? Do you confess your sin to God – taking responsibility for what you have done? Once you realize that you have sinned, do you **Repent** (turn away from your sin and turn to God) and try your best not to sin again? (Read 1 John 1:9)

<u>O</u> stands for **Obey** – Throughout the Bible are scattered many laws, commandments and other do's and don'ts. These are given to us for our good, to help us live in peace and love God and other people. Are you studying the Bible to learn these desires of God? Are you doing your best to obey and live by these teachings? Obedience to rules does not save you, but if you believe His word and trust Jesus, you will want to obey. (Read 1 John 2:3-5)

<u>T</u> stands for **Trust** – The Bible is full of teachings by Jesus (God). Have you gotten to a point in your spiritual life where you now trust God? Do you trust God to guide every aspect of your life and to give you strength to do His will? Do you ask God for knowledge, understanding and wisdom to solve problems? Do you trust that God hears your prayers and will answer them, but in His time and as He desires? Do you trust that God knows what is best for you and has a plan for your life?

The Bible is God's revelation to us. It is what He wants us to know about Him, His creation and His Kingdom. It is also a guide on how we are to get along with God and each other. Studying the Bible helps us gain knowledge about God and helps us believe what it teaches. But obeying its teachings and trusting God, helps us develop a growing relationship with God which is God's ultimate desire for us. Here are some promises God has for us: he who hears My word and believes in God has everlasting life (John 5:24); once God gives us eternal life, we shall not perish and no one shall snatch us out of God's hand (John 10:28); God is with us, He will not leave us nor forsake us, so we are not to fear nor be dismayed (Deuteronomy 31:8) and God intends for us to experience the joy of salvation (John 15:10-11). Reading God's word gives you knowledge, but doing God's word gives you experience. When you talk the talk without walking the walk, you will miss the joy.

So. If you daily partake of God's bread (Jesus and His Word), through prayer and Bible study and remember and practice the steps in BROT, you can be assured that you are saved.